



To: Board of Supervisors
From: Birgitta Corsello, County Administrator
Date: January 26, 2015
Subject: Significant Issues Update

1) County Administrator's Update on Contracts

The County Administrator did not sign any contracts of significance since the last Significant Issues Update on January 12, 2015.

2) Solano County Receives American Heart Association Fit Friendly Award

Solano County has received recognition as a Gold Fit-Friendly Worksite by the American Heart Association (AHA). The AHA's My Heart, My Life initiative is intended to be a catalyst for positive change in the workplace across America and to recognize worksites for making the health and wellness of their employees a priority.

The application was prepared and submitted by the employee Wellness Program in November 2014 and awarded for the year 2015. The honorary, annual award comes with recognition seals to use for internal communications and external communications for Human Resources recruitment materials. The County will also be recognized on the AHA's website and in local AHA's communication materials.

For recognition at the Gold level, the County has demonstrated a strong commitment to providing a healthy workplace. The Solano County Wellness Program has matured over the past decade into an effective and diverse workplace wellness program that meets industry standards and benchmarks. In addition to the County's efforts and expertise, support from Kaiser Permanente's Pilot Program grant (2009 - 2014) resulted in the development of many lasting workplace wellness components including:

- The Wellness Committee, with membership representing a diverse range of employee expertise and departments, meets monthly to ensure strategic planning and implementation of the program.
- Stairway signage program installed to encourage physical activity during the workday.
- Adopted a Healthy Vending Machine policy with 50% healthy food and beverage options.
- Sponsored several physical activity programs and regular on-site fitness classes.
- Developed relationships with fitness clubs which has resulted in discounts to County employees and a significant number of employees choosing to join the clubs.
- Conducted health screenings, needs assessments and the collection of wellness program data for evaluation.

The Wellness Program continues to develop and add programs and components using existing and leveraged resources from benefit providers, non-profit wellness agencies, community fitness businesses and tools such as the ones offered through the AHA award

Contact: Bonnie Kolesar, Risk Manager, Human Resources Department
(707) 784-2962 | bkolesar@solanocounty.com