

Solano Public Health Weekly COVID-19 Newsletter Issue 17

SEPTEMBER 18, 2020

Please follow public health guidance to flatten the curve! The community is reminded to stay diligent in maintaining 6-feet physical distancing between others, washing hands frequently, practicing cough etiquette, and wearing cloth face coverings to curb the spread of coronavirus.

Coronavirus Dashboard

	California	Solano	Hospital Impact in Solano County	
COVID-19 Cases	769,831	6,085	Currently Hospitalized	27
Total Deaths	14,812	55		
Lab Tests	13,177,186	83,332		

Source: California Dept. of Public Health COVID-19 Dashboard, Solano Public Health COVID-19 Dashboard as of September 18, 2020

As of September 18, 2020, Solano County has 6,085 total confirmed cases reported, with 264 active cases, 27 current hospitalizations, and 55 deaths.

We are continuing to respond to the COVID-19 situation, by investigating outbreaks, tracing contacts and monitoring the number of cases and hospital capacity, to protect the health of Solano County residents.

Why it's important to get tested for COVID-19?

Solano Public Health continues to test people who have symptoms or do not have symptoms so that we can better understand how the virus is moving in our community. Solano Public Health monitors testing to ensure enough tests are completed to slow the spread of COVID-19. With adequate testing, Solano Public Health can help isolate those who test positive and use contact tracing to notify anyone who may have been exposed. Community members with or without symptoms that want to get tested for COVID-19 can go to lhi.care/covidtesting to schedule an appointment. Those without internet access can call **888-634-1123**.

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COVID-19 and the seasonal flu

In an effort to prevent a "twindemic" of COVID-19 and seasonal influenza, the California Department of Public Health (CDPH) and Solano Public Health are urging residents to get vaccinated against the flu to protect yourself and your loved ones. Flu vaccination is part of a comprehensive public health strategy to reduce the burden of flu, but also to preserve health care resources for care of patients with COVID-19. Getting vaccinated is the best defense against the flu. In California, flu activity usually begins to increase in late November or December. It takes a couple of weeks after vaccination for the body to build an immunity. So, don't delay getting a shot.

CDPH recommends the annual flu vaccination for everyone six months of age and older.

Those at higher risk of getting severe flu disease include:

- People 65 years and older.
- People who smoke or have underlying medical conditions like diabetes, heart disease, asthma, lung disease, neurologic disorders, and weakened immune systems.
- Pregnant women and children under five years of age.
- African Americans, Latinx and Native populations, who are disproportionately affected by chronic medical conditions that can increase the risk for severe flu or COVID-19.
- Caregivers and residents in long-term care facilities. Essential workers who encounter others outside their homes.

CDPH and Solano Public Health encourage residents to contact their health care provider, physician's office or clinic about getting the flu vaccine. When flu vaccine is in stock, adults can also get immunized at the pharmacy where they generally pick up their prescriptions. Pharmacies usually accept most insurance, including Medi-Cal. Flu vaccines have been shown to reduce the risk of flu illness, hospitalization, and death. Getting a flu vaccine can also save healthcare resources for the care of patients with COVID-19.

Funding and assistance for Solano Businesses

On August 25, the Solano County Board of Supervisors, approved \$2 million in CARES Act funding for a small business assistance program to be advanced by the Solano County Workforce Development Board (WDB) and the Solano County Small Business Development Center (SBDC). This Board approved program, with support from several cities, is intended to help small businesses with COVID-19 related state-mandated expenses. Solano County businesses interested in pursuing funding opportunities are encouraged to apply at the SBDC website, www.SolanoSBDC.org, by calling **(707) 646-1071** and on social media @[SBDCSolano](https://twitter.com/SBDCSolano). We continue to evaluate the State's new framework and its impact on our county, and we will provide additional information as it becomes available.

Solano Public Health Weekly COVID-19 Newsletter Issue 17 Additional Resources

State-operated testing sites available in Suisun and Vallejo

There are many appointment slots available for the state-operated testing sites in Suisun and Vallejo. Test results are being provided, on average, in one day and a half. Community members with or without symptoms and want to get tested for COVID-19 can go to lhi.care/covidtesting to schedule an appointment. Those without internet access can call **888-634-1123**.

New Suisun Location: 318 Merganser Dr. , Suisun City, California 94585
Suisun City Senior Center

Vallejo Location: 545 Magazine Street, Vallejo, CA
Norman King Community Center

Solano County ACCESS team

Our Access team has the Behavioral Health COVID-19 warmline available to anyone who may be experiencing stress, anxiety, and/or feelings of depression, while dealing with the daily struggles and disruptions in our lives due to COVID-19. A therapist is ready to listen, offer support, suggestions, as well as, referrals to appropriate mental health and substance abuse services. The confidential line and voicemail can be reached at 707-784-8539 and is open Monday-Friday from 8am-5pm in both English and Spanish.

For COVID-19-related community resources, visit www.SolanoCares.org

QUESTIONS ABOUT COVID-19?



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solanocounty.com/covid19

STAY UP-TO-DATE



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solanocounty.com/alertsolano



instagram.com/solanopublichealth

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Just for laughs (Epi joke): I'm not an outlier; I just haven't found my distribution yet!

