We understand that caregiving is hard work. Our support group can make a big difference. Join us for caregiving

> Information. . . Conversations. . . Presentations. . . and more!







Vallejo IHSS **Caregiver Support Group\*** 3<sup>RD</sup> Wednesday of each month beginning on 1-17-2018 400 Contra Costa Street, Vallejo 10:00 am – Noon For info, call 707.643.1797 \* unpaid caregivers welcome!