# CONTINUOUS QUALITY IMPROVEMENT

**An Introduction** 

#### CQI: WHAT IS IT?

• Continuous Quality Improvement, or CQI for short, is a process that is driven by the philosophy that *anything* can be improved upon.

• CQI rejects the idea that the "status quo" is good enough, and strives to constantly make things better.

## CQI: WHERE DID IT COME FROM?

- CQI, as we know it, was developed and shaped by two men: Walter Shewhart in the 1930s, and W. Edwards Deming in the 1940s.
- Shewart and Deming both had backgrounds as statisticians. As a result, CQI places a large emphasis on collecting data to track improvement.

## CQI: WHY DOES IT WORK?

• Ideally, EVERYONE who is involved in a process should also be involved in the continuous quality improvement of that process.

• Ultimately, CQI always has the consumer in mind.

#### CQI: HOW IS IT RELEVANT TO PUBLIC HEALTH?

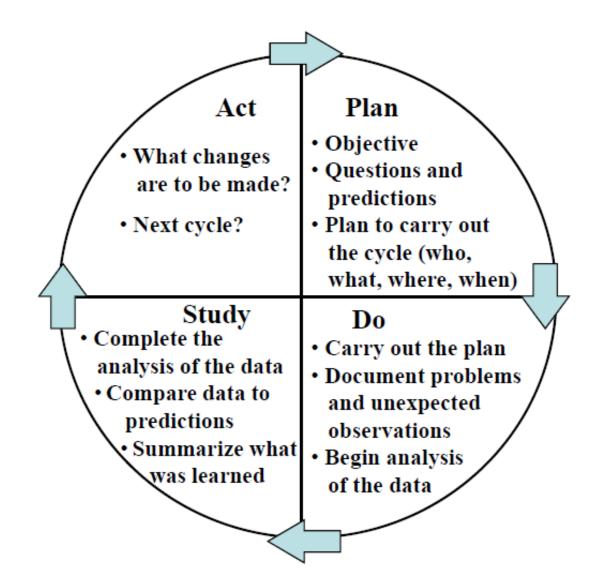
• Public Health's purpose is to improve the quality of life of our clients, through the programs we offer.

• In order to improve the programs we offer, it makes sense to use a model that is already geared towards the consumer/client.

# THE TOOLS OF CQI: PDSA CYCLES

- Plan, Do, Study, Act (PDSA) Cycles:
  - <u>Plan</u>: Gather your team, set a goal, make a prediction, outline who will do what and by when
  - <u>Do</u>: carry out your plan, document the results
  - <u>Study</u>: review the results of the 'Do' phase; what worked? what didn't work? was your prediction accurate? did any of the results surprise you?
  - <u>Act</u>: decide whether or not your initial plan is the best possible option at this point in time; if not, create a new plan to test and begin the cycle again.

## PLAN, DO, STUDY, ACT (PDSA) CYCLES



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