



# September is National Disaster Preparedness Month

## **PREPARE A KIT**

Get a kit of emergency supplies that will allow you and your family to survive for at least three days in the event an emergency happens.

## **MAKE A PLAN**

Plan in advance what you and your family will do in an emergency.

## **BE INFORMED**

Learn more about different threats that could affect your community and appropriate responses to them.

## **GET INVOLVED**

After preparing yourself and your family for possible emergencies, take the next step: get training in first aid and emergency response and get involved in preparing your community.



Solano County and the Cities of Benicia, Dixon, Fairfield, Rio Vista, Suisun City, Vallejo and Vacaville, along with the U.S. Department of Homeland Security, American Red Cross, and the State are calling on all Solano County residents to take an active role in preparing for emergencies and natural disasters.



The Solano County Office of Emergency Services has the following brochures available to assist you.

- 72 Hours—Are You Ready?
- How To Prepare Your Disaster Kit
- Prepare Pets For a Disaster

During an emergency tune to KUIC radio, 95.3 FM, for up-to-date Solano County emergency information.



## **PREPARE A DISASTER SUPPLY KIT**

Assemble supplies you might need in an evacuation. Store them in an easy to carry container such as a backpack or duffel bag.

Include the Following:

- Water - one gallon per person per day. Date and replace every six months.
- A supply of non-perishable packaged or canned foods and non electric can opener.
- A change of clothing, rain gear and sturdy shoes.
- Blankets or sleeping bags.
- First aid kit and prescription medicine and list of physicians.
- An extra pair of eye glasses.
- A battery powered radio, flashlight and extra batteries.
- Credit cards and cash and extra car keys.
- Important family information such as serial number and style of medical devices, pace makers, etc.
- Special items: formula, diapers, medications, bottles, powdered milk, eye glasses, Insulin, prescription drugs, contact lens, denture needs.
- Rope ladder for multi-story residences.
- Tool kit, road maps, flares.
- Pet necessities if applicable.

## **BE INFORMED**

The Solano County Office of Emergency Services is working in cooperation with **KUIC Radio** to serve as the source for all Solano County emergency broadcast information. When disaster strikes listen to KUIC for all the latest emergency information.



## **MAKE A PLAN**

Meet with your family to:

- Discuss the types of disasters that can occur.
- Explain how to prepare and respond.
- Discuss what to do should you need to evacuate.
- Pick two meeting places:
  1. A location a safe distance from your home in case of a fire.
  2. A place outside your neighborhood in case you can't return home.
- Choose an out-of-state friend as a "check-in contact" for everyone to call.
- Post emergency phone numbers by every phone.
- Teach family members how and when to shut off water, gas, and electricity at main switches.

Then, practice what you have discussed.

## **GET INVOLVED**

- Learn first aid and CPR. Contact your local American Red Cross chapter for information and training.
- Attend a Community Emergency Response Team (CERT) training session. CERT educates people about disaster preparedness and trains them in basic disaster response skills.

## **FOR ADDITIONAL INFORMATION**

- [www.solanocounty.com/oes](http://www.solanocounty.com/oes)
- [www.ready.gov](http://www.ready.gov)
- [www.redcross.org/preparedness](http://www.redcross.org/preparedness)
- [www.citizencorps.gov](http://www.citizencorps.gov)

By learning more and following the simple steps listed in this flyer, you and your family will be better equipped when disaster strikes. The first 72 hours will be the most critical. Be prepared.