

## **HEALTH & SOCIAL SERVICES, PUBLIC HEALTH**

## FOR IMMEDIATE RELEASE

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## Solano County Health Officer extends shelter at home health order and directive until April 30, 2020

SOLANO COUNTY – Solano County Public Health officials have extended the County's shelter at home health order and directive until April 30, 2020, to continue directing individuals to stay at home except to get food, care for a relative or friend, get necessary health care and to engage in essential activities and work. The County's health order extension is in line with the Governor's orders, and works to prevent the spread of Coronavirus (COVID-19) disease in the community.

"We extended the shelter at home health order and directive to re-emphasize the importance that everyone continues to follow self-isolation and social distancing best practices," says County Health Officer Bela Matyas, M.D., M.P.H. "When everyone does their part, we help slow the spread of COVID-19 disease in Solano County, giving our health care providers the time, tools and capacity necessary to provide care to those who need it most in our community."

The Solano County health order and directive, originally issued on March 18, outlines essential activities in our community that will remain open and operational, including government services, healthcare operations, grocery stores, agricultural operations, businesses that provide food, shelter and social services to needy individuals, media outlets, gas stations, banks and financial institutions, service industries, mail, shipping and supplies, laundromats, restaurants that provide delivery or drop off services, supply product companies, transportation industries, professional services and childcare. All non-essential gatherings, including bars, nightclubs, wineries, gyms, movie theatres, hair and nail salons, entertainment venues and restaurants with dine-in options are to remain closed until further notice.

Solano Public Health recommends everyone follow these simple, daily social-distancing and hygiene best-practices to help prevent the spread of COVID-19 and respiratory disease in our community, including: avoid public gatherings, avoid all non-essential travel, keep a six-foot distance between yourself and others, wash your hands often with soap and water, stay home when you are sick and get a flu shot. For a complete list of do's and don'ts during the pandemic, visit https://Covid19.Ca.Gov.

For more information on COVID-19, including the <u>shelter at home health order and directive</u>, community resources, number of COVID-19 cases, essential vs. non-essential functions, food, employment, healthcare and frequently asked questions, visit <u>www.SolanoCounty.com/PublicHealth</u>, call the Coronavirus warmline, Monday – Friday between 7 a.m. – 6 p.m. at (707) 784-8988, email <u>Covid19@SolanoCounty.com</u> and on Facebook at <u>www.Facebook.com/SolanoCountyPH</u>.

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