

Counseling Services/Mental Health

Agency	Address	Phone Number	Additional Information
Aldea Inc. Supportive Outreach & Access to Resources (SOAR)		Coordinator: Natalia Martinez (707) 427-1845 x407 (707) 427-1637 FAX	An early detection and intervention psychosis program. Offers comprehensive psychiatric assessment, intensive case management, psycho-education, crisis management, problem solving, support groups, and medication management.
American Sudden Infant Death Syndrome Institute	528 Raven Way Napal, FL 34110 M-F: 9 am - 5 pm	(800) 232-SIDS (800) 232-7437 (239) 431-5425 www.sids.org prevent@sids.org	Offers education and support for families as well as current research information. English. Call to Apply
Bay Area Community Services Prevention Engagement Program (PEP)	236 Georgia Street 101 Vallejo 945390	(707)654-8872 www.bayareacs.org	Provides prevention and early intervention services to individuals 18 years and older experiencing their first mental crisis or exiting hospitalization.
Catholic Charities of Solano New Pathways	Main Office: 125 Corporate Place, Ste A Vallejo 94590	(707) 644-8909 www.csssolano.org	Provides counseling services for individuals, couples and families. Mon-Thur 9-5 pm Food assistance Mon-Thur 9-5 pm "Season of Sharing" Vallejo, Benicia and Vacaville offices.
Circle Of Friends	419 Mason St., Ste 201 Vacaville 95688	(707) 724-8989	Join our learning community, where we will share our stories of wisdom, strength and hope. Celebrate our common experiences. It is our hope that you will be inspired and establish new relationships in this inclusive community.
Compassionate Friends	623 Taylor St. Fairfield 94533	(877) 969-0010 Compassionatefriends.org	For individuals grieving the loss of a child-any age. Meetings 2nd Thursday of each month 7 - 9 pm at the Fairfield Family Moose Lodge 623 Taylor St., Fairfield 94533
Family Investigative Response Services Team (F.I.R.S.T.)	650 Merchant Street Vacaville 95688 M-F: 8:30 - 5 pm English/Spanish	(707) 469-6600	Counseling for domestic violence victims and their children.
Friends Outside National Organization (Center at CMF)	7272 Murray Dr. Stockton 95210 M-F: 8 am - 5 pm	(209) 955-0701 (209) 955-0735 FAX www.friendsoutside.org	Provides comprehensive support services to ex-inmates and their families.

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Homeless Outreach Solano County Mental Health	1119 E. Monte Vista Vacaville 95688	Contact: Karen Smith (707) 553-5343 Melanie Cool (707) 553-5592	Provides supportive services to individuals with serious mental illness and/or with co-occurring substance use disorders who are homeless or at risk of being homeless.
Hope For Healthy Families	827 Missouri St., Ste 1 Fairfield Military Process Group Fibromyalgia Support Group	(707) 646-9873 (916) 667-3239 FAX	Offers a teen support group for teens ages 14-19 years coping with depression, anxiety, relationships, and adjustment issues. For active, reserve, and retired military seeking support with PTSD, depression, and anxiety. For those suffering with effects of Fibromyalgia. Also offers a variety of parenting groups and classes, anger management groups, escaping gangs support group.
Juanita Rodriguez-Shoopman	419 Mason St. Suite 201 Vacaville 95688	(707) 249-3405	Anger Management groups and domestic violence classes. By appointment only.
Kaiser Per. Bereavement Groups	Groups available in Napa, Vallejo, and Vacaville. (members only)	(707) 645-2105 (707) 645-2730	Bereavement groups for those recently experiencing death of a loved one. Groups available for adults.
Mentis	709 Franklin Street Napa 94559 M-F: 9 am - 5 pm	(707) 255-0966 (707) 266-1467 - For counseling appointment	Counseling offered to children, couples, families, individuals, and groups. Payment based on a sliding fee scale - Medi-Cal not accepted. (Spanish Option)
National Alliance for Mentally Ill Solano	2101 Courage Dr. Fairfield 94533	(707) 422-7792 (707) 428-1131 County 24 hr. Crisis (707) 784-2140 www.namisolano.org	Family and consumer self-help support and advocacy organization dedicated to improving the lives of people with severe mental illness. Meeting every 4th Monday, at 6:30.
NorthBay Hospice and Bereavement	4520 Business Center Drive #1100 Fairfield 94534	(707) 646-3517 www.Northbay.org	Offers a Grief Support Group for those who have experienced the death of a loved one. Each group for four consecutive weeks free of charge. No children or teens.
Oakland Behavioral Health Clinic (OBH)	525 21st St. Oakland Mon - Fri 8 am - 4 pm	(510) 453-8478	Provides drop-in social work services, information and referrals, laundry and shower facilities for veterans.
Partnership Health Plan Of California	4665 Business Center Dr. Fairfield 94534 M-F: 8 am - 5 pm	(800) 863-4155 Medical (888) 765-9703 www.partnershiphp.org	Medical coverage. Counseling Services

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Recovery Happens Counseling Services	7996 Old Winding Way #300 Fair Oaks 95628	(916) 276-0626 www.recoveryhappens.com	Outpatient therapy for Adolescents, young adults, and adults with addictions.
Safe Quest Solano	1049 Union Ave. Ste B & C Fairfield 94533 M-F: 9 am - 5 pm	Main: (707) 422-7345 Shelter: (707) 557-6600 Crisis Number: (866) 4-UR-SAFE (866) 487-7233	Counseling, advocacy, restraining orders and shelter for victims of sexual assault & domestic violence, children & services for batterers.
Saint Helena Center for Behavior Health - Mental Health Services	525 Oregon Street Vallejo 94590 M-F: 8 am - 7:30 pm	(707) 648-2200 (707) 649-4040 Intake (24 hours - admitting)	In and outpatient programs for children, teens and adults.
Solano County Mental Health Adult Services	P. O. Box 4090 MS 8 - 150 Fairfield 94533	(707) 784-2080 Access Line (800) 547-0495	Counseling and referrals. 24-hour psychiatric emergency services. Medi-Cal accepted. (Spanish options). Outpatient counseling services
Solano County Mental Health Children Services	2101 Courage Dr. Fairfield 94533 M-F: 8:30 am - 5 pm	Crisis Line 24 hrs. (707) 428-1138 (707) 784-0490	Counseling and referrals. 24-hour psychiatric emergency services. Medi-Cal accepted. (Spanish options). Outpatient counseling services
The Homeless Resource Group Martinez Veterans Affairs	Martinez VA Campus Tuesdays 2 -3 pm Fridays 10 am - 1 pm	Contact: Lori Blackburn (925) 372-2249	Drop in groups for homeless veterans.
The Homeless Resource Group Sacramento Veterans Affairs	Mather Campus Daily 9 am - 12 pm	Contact: Scott Reed (916) 843-9138	Drop in groups for homeless veterans.