I. Call to Order
   a. Welcome & Introductions
   Richard Barry called the meeting to order at 6:00 P.M. Introductions were made, and everyone was welcomed. Richard noted all meetings of the Alcohol & Drug Advisory Board are recorded and are subject to the Brown Act.

MEMBERS PRESENT
   In Alphabetical Order by Last Name
   Richard Barry (Chair)
   Lee Bowen
   Margaret Buckley
   Elizabeth Edwards
   Tracey Lee

MEMBERS ABSENT
   In Alphabetical Order by Last Name
   Ramon Castellblanch (Vice-Chair) - excused

COUNTY STAFF PRESENT
   In Alphabetical Order by Last Name
   Sandra Sinz – Behavioral Health Director / Substance Abuse Administrator

OTHERS PRESENT
   In Alphabetical Order by Last Name
   Carol Breiling
   Gene Korte
   Kester McDonald

II. Approve October 9, 2019 Agenda
   A motion was made by Lee Bowen to approve the agenda as presented and was seconded by Elizabeth Edwards. The motion carried with 6 in favor and 0 against.

III. Approve Minutes September 11, 2019 Meeting
   A motion was made by Lee Bowen to approve the minutes as presented and seconded by Margaret Buckley. The motion carried with 6 in favor and 0 against.

IV. Committee Reports
   a. Solano Prevention Recovery Alliance (SPRA) – Kester McDonald, Genesis House
      - September Recovery Rally had a good turnout and hosting it at the old courthouse lawn annex was financially better
   b. CCP (Community Corrections Partnership) – Sandra Sinz, Substance Abuse Administrator (SA)
      - No report; CCP only meets quarterly
   c. Substance Abuse Administrator’s Report – Sandra Sinz, Substance Abuse Administrator (SA)
      - Recovery Event last month was hosted by Behavioral Health and was well attended
      - Anka Outpatient Treatment in Vallejo has closed, and the County has been working with Ujima Services to open an outpatient program at the Anka office
      - There is still a service gap in Vacaville since Healthy Partnerships closed and we are still waiting on La Familia to open an office in Vacaville
      - Since the SA Access Line was merged with the MH Access Line in June, the County has referred clients out to treatment twice as much as before the merge
      - Since the access lines merged, three SA Counselors have been embedded into three different MH clinics (one in each region) to be the co-occurring SA specialists
      - There is a new law around MH that allows you to get referred to treatment instead of the criminal justice system and MH has been awarded a grant through the BSCC called the JAG grant to develop a program for the MH diversion population
d. Substance Abuse Prevention Report – Wendy Loomas
   - No report

e. Opioid Safety Coalition Report – Ramon Castellblanch
   - Richard shared the first-year anniversary event for the coalition held on October 7th at the Touro University was a great event
   - Meetings held on the 2nd Friday of the month at 12:00 PM

V. Public Comment
   No comments

VI. Old Business
   a. Solano County ADAB 2019 Work Plan
      - Work Plan has been submitted to the BOS
   b. Strategic Planning Discussion
      - No discussion
   c. Annual Advisory Board Report – due October 18th
      - Annual Report is completed with the attendance report pending completion by Kristina Feil, ADAB Board Assistant
      - Tracey mentioned ADAB has not had a technical committee since the 90’s when she became a Board Member; Sandra Sinz will check into the SA Quality Team Providers to report on quality and outcomes maybe during the Quality Team meetings

VII. New Business
   a. Presentation: Georgia CARES Academy, Tracey Lee, Solano Recovery Project (SRP), Training and Education Manager
      - Tracey introduced herself as an ADAB Member, manager over the SRP Public Education and Advocacy, and most importantly a person in long-term (22 years) recovery
      - Tracey recently attended a week-long conference in Georgia to become a Certified Addiction Recovery Empowerment Specialist (CARES) or aka Peer Recovery Support Specialist in CA
      - The conference was funded by a state organization called Georgia Council on Substance Abuse (GCSA) and their mission is to increase the impact of recovery throughout Georgia through education, advocacy, and training
      - The conference had an entire screening process from having letters of recommendation, exam, 6 assignments prior to conference, etc.; Tracey learned that having a screening process is important to find the best people to make an impact while doing the real work
      - Georgia has CARES at every emergency room, every treatment center, and their county programs
      - Over 700 people have been trained and 95% have been employed and are able to pull down medical billing; as a result, over 800,000 people are now in long term recovery
      - CARES will not be replacing therapists or other experts, but with people with lived experience can do things that sometimes the therapists cannot do
      - Tracey learned it’s important to have more emphasis on recovery messaging, redefining recovery and expect recovery (not relapse), she now has the materials to implement a training on science of addiction and recovery and now has information on recovery groups, and did some actual powerful motivational interviewing
      - Tracey would like to incorporate what she has learned at the conference with the current Recovery Coach Academy she has been directing at SRP
   b. Presentation: Center for Higher Purpose, Carol Breiling, CEO
      - Carol introduced herself as a Doctor in Psychology, MFT, two-time veteran (Navy and Air Force retired), has been in the mental health field for over 10 years, and has served this county through many different agencies as a mental health clinician
      - After working at the Solano prison, she found her passion is in the correctional reentry phase
      - One of her six jobs is at AK Bean as a DUI Specialist but because AK Bean is the only DUI program in Vacaville, she is requesting for Center for Higher Purpose become a licensed DUI provider and provide services similar to AK Bean
      - They differ from other programs by having available customized treatment plans; transportation; long-term (30 months) program; addressing psycho-social challenges during an intensive process of counseling therapy; provide DUI, diversion, domestic violence cessation, and anger management classes; provide classes throughout the week plus 4 classes on the weekends; authorized by CCAPP and CADTP to provide courses to individuals or groups to obtain CEUs
      - They would also like to open sober living homes in the future
VIII. Future Planning  
   a. November Agenda Planning  
      - Nancy Calvo for Opioid Safety Coalition  
      - Bylaws  
   b. On-going Recruitment  
      - District 3 Representative (Supervisor Jim Spering)  
      - Member-at-Large  
      - Mental Health Advisory Board Representative

IX. Announcements  
   No announcements

X. Adjournment

Minutes by: Kristina Feil  
Date Approved: December 11, 2019