



County of Solano
Local Mental Health Board
Minutes for Meeting of November 19, 2013

I. Call to Order

A. Chair Werblin called the meeting of the Solano County Local Mental Health Board to order at 4:40PM. Roll Call established a quorum.

Members	Alan Werblin, M.D.	District 3, Chair
Present:	Barbara Wright	District 5
	Angela Faulkner	District 3
	Bill Davis	District 5
	Elizabeth delaTorre	District 3
	Pamela Reyes	District 5
Absent:		
	Judy Thompson	District 5
	Erin Hannigan	Supervisor, District 1

Others Present: Glenda Lingenfelter, Mary Roy, Cynthia Limerick, James Wagner, Rachel Ford, Sabine Goerke-Shrode, Lori Espinosa, Beth Ward, Eugene Korte

B. Public Comment

The Board received comments from:

- a. Beth Ward
- b. Eugene Korte requested a liaison from the Mental Health Board to sit on the Alcohol and Drug Advisory Board; Meetings take place the 2nd Wednesday of each month, 6-8pm. This item will be put on the next agenda to vote in a representative.

C. Presentations/Informational

- a. Alan Werblin presented the article *Coming Clean About Mental Illness* for the goal of breaking down the walls of mental health stigma.
- b. Angela Faulkner presented "What other County Mental Health Boards" are doing in an effort to improve what Solano County's Local Mental Health Board does for the community.
 - i. It was recommended that Angela look at San Mateo County and report out at the next meeting

- ii. Further discussion and possible action to be taken at the next meeting regarding meeting logistics.

D. New Business/Action Items

- a. A recommendation to the Board of Supervisors to reappoint Elizabeth de laTorre for a second term; Angela 1st and Bill Davis 2nd, motion approved
- b. Angela moved to recommend to the Board of Supervisors the appointment of Lori Espinosa to the Local Mental Health Board; a second by Pamela Reyes and motion approved.
- c. Recent applicants are requested to attend one more meeting before the Board can recommend membership.
- d. Selection of Chair and Vice-Chair
 - i. Chair – Elizabeth de la Torre
 - ii. Vice-Chair – Alan Werblin
 - iii. Bill Davis made a motion to accept the Executive Committee nominations pending review of the term limit for Mr. Werblin; Pam Reyes 2nd
 - iv. Bill Davis recommended recruitment of consumers and family members for Board Members
 - v. Alan Werblin made a motion to form an Outreach Committee and Barbara Wright 2nd; Angela to be the lead.
 - vi. Elizabeth de la Torre suggested the Board consider having an annual retreat to work with staff and possibly CiMH Board Training to establish goals and plans of action – put on January agenda the motion to have a retreat as well as decide on a monthly or every other month meeting.

E. Consent Calendar

- a. On a motion by Bill Davis, and a second by Pamela Reyes, the Solano County Mental Health Board approved agenda items
 - i. Agenda of November 19, 2013
 - ii. Meeting Minutes of September 17, 2013

F. Public Comment

- a. Yolanda Garcia requested support for the NAMI walk by asking the Board to share information about sponsorship and/or participation.
- b. Barbara asked what the Board has done to assist in the past such as provide transportation, sponsorship.

G. Director's Report – Glenda Lingenfelter, Mental Health Services Administrator, reporting on behalf of Halsey Simmons to provide the Board with the Mental Health Director's Report

- a. Report document distributed and items discussed include SB82, EQRO, new Intergovernmental Funded programs, new projects, jail liaison, Wellness and Recovery
- b. Board Member Bill Davis recommends the jail liaison work with Veteran's Affairs
- c. Wellness & Recovery Update with Rachel Ford, Consumer Affairs Liaison

Agenda Item IV.B

Board Meeting Date: November 19, 2013

- i. Provided information on Support groups and success stories
- ii. Announced the Speaker's Bureau on December 13 – this is for consumers to learn public speaking skills to tell their own Mental Health Stories
- d. Mental Health Services Act (MHSA) update with Mary Roy, Senior Health Services Manager, reported on statewide projects and the 13/14 integrated plan.

ADJOURN 6:15PM to January 21, 2014